



6201 RIVERDALE ROAD ♦ SUITE 319
RIVERDALE, MARYLAND 20737
(301) 864-VISN (8476)

DRIVING DIRECTIONS

***Inside the Refreshing Springs Professional Office Building - Go around the back of the building to get in**

OUT OF STATE GUESTS FROM NORTHERN REGIONS:

Take (I-95 South) toward Washington DC.

Proceed on I-95 South to the Baltimore/Washington (BWI) Parkway.

Take the Exit to (BWI)/Washington DC.

Go about 2 to 3 miles - Follow the sign directing you to (Route 410 West)

Hyattsville/New Carrollton. Take the Riverdale Road Exit.

Make a right at the light, which is Riverdale Road (Route 410 West).

Go pass (2) traffic lights, immediately after the second light

make a left to the parking lot of Refreshing Springs Professional Office Building.*

OUT OF STATE GUESTS FROM SOUTHERN REGIONS:

Take (I-95 North) toward Springfield, VA

Take the exit 495/Baltimore, immediately after crossing the

Woodrow Wilson Bridge. Take exit (295 North) Keniworth Ave.

Proceed on 295 North (stay to your left) get on BWI Parkway/Baltimore.

Go about 5 miles to (Route 410 West) Hyattsville/New Carrollton.

Take the Riverdale Road Exit.

Make a left at the light, which is Riverdale Road (Route 410).

Go pass (3) traffic lights, immediately after the third light

make a left to the parking lot of Refreshing Springs Professional Office Building.*

or

Take (395 North) Washington DC

Proceed on to (SW Freeway) to Pennsylvania Ave.

Make a right at the light, which is Penn. Ave.

Go over bridge (Susan B. Anthony Bridge).

Get over to your left hand lane (N 295), make a left at the first light (295) North, cross over a railroad track, proceed on 295 North

AFTER YOU GET ON 295 NORTH - FOLLOW THE ABOVE DIRECTIONS

IF COMING OUT OF DC: (SOUTHBOUND)

Take 295 North (stay to your left) get on BWI Parkway/Baltimore.

Go about 5 miles to (Route 410 West) Hyattsville/New Carrollton.

Take the Riverdale Road Exit.

Make a left at the light, which is Riverdale Road (Route 410).

Go pass (3) traffic lights, immediately after the third light

make a left to the parking lot of Refreshing Springs Professional Office Building.*

or (EASTBOUND) Take New York Ave to BWI Parkway/Baltimore.

AFTER YOU GET ON BWI PARKWAY - FOLLOW THE ABOVE DIRECTIONS